

ASPIRE CHRONICLES



NEMCARE
Group of Institutions

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Motivational Space



Arunima Sinha: Scaling Heights Against All Odds

Arunima Sinha's journey from adversity to triumph is nothing short of extraordinary. Despite facing significant challenges during her childhood, including financial struggles and societal barriers, Sinha's indomitable spirit propelled her forward. Her life took a drastic turn when she became the victim of a tragic accident, resulting in the loss of her leg. However, instead of succumbing to despair, Sinha displayed unparalleled determination and resilience.

Undeterred by her disability, Arunima Sinha set her sights on achieving the seemingly impossible: conquering Mount Everest. In a historic feat, she became the first female amputee to summit the world's tallest peak.

Through sheer perseverance and unwavering resolve, Sinha defied all odds and accomplished her monumental goal, inspiring millions around the globe. Her inspiring journey serves as a powerful testament to the human spirit's capacity for resilience and triumph in the face of adversity.



Activities

Hospital Visit by MHA 1st Semester Students to NEMCARE Hospital

On 13th November 2024, first-semester MHA students visited NEMCARE Hospital, accompanied by faculty members Miss Jublee Kalita and Mrs. Eftesam Parbeen. The visit provided practical insights into hospital administration.

The students had the privilege of interacting with NEMCARE's Managing Directors, Mr. Hitesh Kumar Baruah and Mr. Mihir Kumar Baruah, who shared their experiences and highlighted the critical role administrators play in ensuring efficient hospital operations and quality care.

An interactive session followed, focusing on the diverse responsibilities of hospital administrators, including workforce management, financial oversight, and operational efficiency. Students also explored various fields where administrators are essential, such as healthcare IT and patient care services. This visit offered valuable exposure to real-world hospital operations, enhancing the students' understanding of healthcare management.



COURSES OFFERED:

PHARMACY

- PhD
- M PHARM
- B PHARM
- B PHARM (PRACTICE)
- D PHARM

NURSING

- BSC NURSING
- GNM

BSC BIOTECHNOLOGY

BSC FOOD NUTRITION & DIATETICS

MASTER OF HOSPITAL ADMINISTRATION

Read More on our website

<https://ngiguwahati.in/index.php>

B.Sc. Biotechnology Students' Educational Visit to the Directorate of Forensic Science of Forensic Science

On 21st November 2024, as part of their academic curriculum, the B.Sc. Biotechnology students visited the Directorate of Forensic Science for an enriching educational experience.

The visit commenced with an insightful briefing by Dr. Simran Kaur, Junior Scientific Officer, who introduced the students to the Biological Division, covering DNA Typing, RT-PCR, and the Serology Division. Following this, the students explored other critical divisions, including Toxicology, Narcotics, Cyber Crime, and Ballistics, gaining a comprehensive understanding of forensic science's diverse disciplines.

This highly informative visit provided students with valuable exposure to the practical applications of forensic science. We extend our heartfelt gratitude to the Director, Mr. A. Singson, and the team of Scientific Officers for their generosity in sharing their expertise and knowledge.



Skill Development Program for B.Sc. Biotechnology Students

The Institutional Biotech Hub, Department of Biotechnology, Gauhati University, conducted a two-day hands-on training program on "Isolation, Chromatographic Separation, and Characterization of Proteins."

During the program, B.Sc. Biotechnology students gained practical knowledge of advanced techniques, including SDS-PAGE, FPLC, and Affinity Chromatography. The training was an invaluable learning experience, enhancing their technical skills and understanding of protein analysis.

We sincerely thank Dr. Sujoy Bose, Dr. Mohammad Imtiyaj Khan, Dr. Debasish Borbora, and Mr. Hidam Bishworjit Singh for their guidance and for sharing their expertise with the students, making the program a resounding success.



Alumni Corner



Dhiraj Deka

*Quality Coordinator
Integra Ventures*

As an alumnus of the Master's in Hospital Administration program at NEMCARE Group of Institutions, Mirza, I am excited to share how my academic journey has shaped my career. During my time in the program, I completed a 3-month internship at LEHS|WISH, where I worked on an impactful Urban Health Project. This experience, combined with the program's hands-on curriculum, gave me a strong foundation in healthcare quality and administration. Following the completion of my degree, I was fortunate to secure a placement at Integra Ventures as a Quality Coordinator. My education at NEMCARE provided me with the practical skills and knowledge necessary for success in this role, particularly in the areas of quality assurance and healthcare management. I am proud to be a part of the NEMCARE Group of Institutions alumni community and deeply grateful for the opportunities and growth it has fostered in my professional journey.



Rosy Ahmed

*Assistant Professor
Rahman Institute of
Pharmaceutical Science
and Research, Sonapur,
Assam*

My name is Rosy Ahmed, and I have completed both my B. Pharm and M.Pharm, specializing in Pharmacognosy, from NETES Institute of Pharmaceutical Science in Mirza. I am proud to be part of the first M.Pharm batch at NIPS. Following the completion of my studies, I am honored to have been appointed as an Assistant Professor in Pharmacognosy at Rahman Institute of Pharmaceutical Science and Research in Sonapur. I owe my success to the unwavering support and guidance provided by my teachers, who have been steadfast pillars of strength throughout my academic journey. Their mentorship has been instrumental in shaping my career and facilitating my attainment of this role.

Insightful Corner

The Social Media Dilemma: Shrinking Attention Spans and the Decline of Deep Reading in Students

Social media platforms, with their quick bursts of content and instant gratification, are shortening students' attention spans. This affects their ability to focus on tasks like reading books or studying, as constant notifications and scrolling fragment their concentration. Instead of engaging deeply with texts, students skim through information, limiting comprehension and critical thinking skills.

The appeal of short videos and memes often overshadows the benefits of reading books, which foster focus, imagination, and cognitive growth. Unlike online content, books provide a distraction-free space for reflection, improving patience and retention. Shifting to offline reading reduces screen fatigue and builds a stronger emotional connection to the material, while also encouraging empathy by exposing readers to diverse perspectives.

While social media offers connectivity and quick information, balancing its use with regular book reading is essential for cultivating sustained focus and deeper intellectual growth.